

Speaker: Jennifer Hancock, founder Humanist Learning Systems, author and educator

Humanist Learning Systems
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Jennifer Hancock is the author of *The Bully Vaccine* and co-founder of the Stop Bullying International Coalition. Her approach to bullying is unique in that she teaches the science of HOW to get a bully to stop using operant conditioning. Her approach has been endorsed by psychologists and other professionals who deal with bullying on a regular basis. Additionally, her experience as a leader in both the corporate and non-profit sectors makes her an ideal guest for just about any type of audience. Humanist Learning presents three essential interrelated life skills that form the basis of the Humanist approach.

- How to make better decisions through critical thinking.
- How to improve your relationships through compassion.
- And how to infuse your life with meaning and purpose by prioritizing your ethics.

These skills are applicable to all areas of life and every endeavor

Program title: How to De-Escalate Conflicts Using Behavioral Science

Program Description:

This program is based on behavioral psychology and discusses how your responses impact other people so that you can choose a response that will help you stand your ground while still being compassionate about the problem that needs to be solved. The goal of this program is to help you learn how to use the science of behavior to respond professionally even in situations where the people around you are freaking out.

This program will help you learn how to respond to problems in a way that will actually help, stand your ground while still being compassionate and avoid getting drawn into other people's drama.

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Learning objectives

- 1) Learn a science based approach to conflict resolution (Functional area 5 – knowledge area 51)
- 2) Understand how compassion can help resolve workplace behavior issues ((Functional area 5 – knowledge area 54)
- 3) Be able to reinforce organizational core values by modeling respectful conflict resolution behavior in difficult situations (Functional area 1, Responsibilities 10)

Instructor introduction:

Can behavioral science help us learn how to respond to conflict so we can be happier and more effectively help solve our problems without getting drawn into unnecessary drama? Yes it can and Jennifer Hancock, author of several award winning books and founder of Humanist Learning Systems will teach us how. She specializes in humanistic management and programs focused on how to stop bullying and harassment using science. Her

insights on how to combine philosophy and science to help solve our problems more effectively have helped countless people all over the world.